

## Commander's Column

By Col. Robert Britton

914 AW Vice Commander

Most of us do not take time to think about the mechanics of taking care of each other, especially professionally. Tracking promotions, awards, EPRs/OPRs, CDC & PME schools, availability of formal education, recruiting statistics, retention statistics, associations with the community, professional organizations? Well just like your favorite spaghetti sauce...so it is with the 914th Airlift Wing; "it's in there," as part of our base secure web-site.

You might not have known this either...what group/groups collect any and all questions and collects data about the before mentioned topics? If you guessed Career Enhancement, Wing Education and Training, Recruiting, Wing Career Advisor, and Public Affairs...you'd be right.

All right, you've done well up to this point; now we'll up the anti to no cash prize or trips to model city. What group meets once a month to decipher most of the data generated from these groups? If your guess is Military Personnel Flight...you would be partially right. There is a group in town that reviews much of the data and information that "the wing" uses for making critical decisions. Each UTA weekend, the HRDC (Human Resource Development Council) together collects, informs and presents pertinent info to the commanders, and other key staff members specific data on our wing personnel.

You say "what's new about that..." plenty; for instance we now have pertinent information right

from the provider, along with specific data as to why the wing might be in the current condition we're in, good and bad.

So let me get this right! We have commanders present with "data providers" (those with the answers) to look at the individual and collective status of our entire wing.



Does this make sense to you, it does to me. It allows me to utilize a group of folks to gather information, disseminate it and make critical decisions as they relate to our mission: preparing all reservists to be "CURRENT, QUALIFIED AND READY TO FIGHT."

As the 914th Airlift Wing anticipates crossing over into the New Year we continue to answer the President's call. If our folks are going to give their time, we need to ensure we have treated everyone fairly and given each the opportunity to serve to their best ability. The HRDC will be looking at all data collected and the measurement tools to ensure we have, "the right people, at the right place and at the right time." We are always looking for a few motivated volunteers to join the HRDC. You will be helping provide the information that shapes the future for the 914th Airlift Wing. If you believe you're that person, call your group commander and they will point you to the future, the HRDC.



#### NIAGARA FRONTIERSMAN

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> Wing Commander Col. James B. Roberts

**Base Public Affairs Officer** Mr. Neil E. Nolf

Wing Public Affairs Officer Maj. William J. Vivian

> <u>Editor</u> MSgt. Peter J. Borys

Public Affairs Staff Capt. John C. Walp MSgt. Joseph Cyran TSgt Kevin L. Nichols TSgt. David L. Allen TSgt. James R. Orbin Jr. Ms. Tiffany M. Lewis Ms. Katherine A. Stubbe

**Unit Public Affairs Reps** TSgt. Kelly C. Nowasell, AW/MSF TSgt. Wendy S. Young, AW/MSF SMSgt. George E. Lebrun, CES MSgt. David A. Marso, CES TSgt. Christopher K. Boswell, CS SrA Ronald D. Weatherston, CS

On the cover: Staff. Sgt. Jeff Kramer, 914th LG/LGML, C-130 Crew Chief gets a big welcome hug from his wife. Kramer and eleven other members of the 914th arrived safely home after spending several months in the AOR.

#### **2006 Reserve Pay for Four Drills**

Years of Service

	<2	2	3	4	6	8	10	12	14	16	18	20	22	24	26
O-8	1,102.80	1,138.92	1,162.88	1,169.60	1,199.48	1,249.48	1,261.08	1,308.56	1,322.16	1,363.04	1,422.16	1,476.72	1,513.16	1,513.16	1,513.16
O-7	916.36	958.92	978.64	994.28	1,022.64	1,050.60	1,083.00	1,115.32	1,147.72	1,249.48	1,335.44	1,335.44	1,335.44	1,335.44	1,342.20
O-6	679.20	746.16	795.12	795.12	798.12	832.36	836.88	836.88	884.44	968.52	1,017.88	1,067.20	1,095.28	1,123.68	1,178.84
O-5	566.20	637,82	682.00	690.28	717.80	734.32	770.56	797.16	831.48	884.08	909.08	933.84	961.92	961.92	961.92
O-4	488.52	565.52	603.24	611.68	646.68	684.24	730.96	767.44	792.72	807.24	815.68	815.68	815.68	815.68	815.68
O-3	429.52	486.92	525.56	573.00	600.40	630.52	650.04	682.12	698.76	698.76	698.76	698.76	698.76	698.76	698.76
O-2	371.08	422.68	486.80	503.24	513.60	513.60	513.60	513.60	513.60	513.60	513.60	513.60	513.60	513.60	513.60
0-1	322.16	335.28	405.28	405.28	405.28	405.28	405.28	405.28	405.28	405.28	405.28	405.28	405.28	405.28	405.28
O-3E	-			573.00	600.40	630.52	650.04	682.12	709.12	724.60	745.72	745.72	745.72	745.72	745.72
O-2E			-	503.24	513.60	529.96	557.52	578.88	594.76	594.76	594.76	594.76	594.76	594.76	594.76
O-1E	-	7		405.28	432.84	448.80	465.16	481.24	503.24	503.24	503.24	503.24	503.24	503.24	503.24
E-9			-	*	*	*	536.28	548.44	563.76	581.80	599.92	629.04	653.64	679.60	719.20
E-8	v		-	-	-	439.00	458.44	470.44	484.84	500.44	528.60	542.88	567.16	580.64	613.80
E-7	305.16	333.08	345.84	362.76	375.92	398.60	411.32	424.04	446.72	458.08	468.84	475.44	497.68	512.08	548.48
E-6	263.96	290.40	303.24	315.68	328.68	358.00	369.40	382.04	393.16	397.08	399.80	399.80	399.80	399.80	399.80
E-5	241.88	258.04	270.48	283.28	303.16	320.28	332.88	336.88	336.88	336.88	336.88	336.88	336.88	336.88	336.88
E-4	221.72	233.08	245.68	258.12	269.12	269.12	269.12	269.12	269.12	269.12	269.12	269.12	269.12	269.12	269.12
E-3	200.16	212.76	225.60	225.60	225.60	225.60	225.60	225.60	225.60	225.60	225.60	225.60	225.60	225.60	225.60
E-2	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32	190.32
E-1	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80	169.80
E-1	with less t	han four	months:	\$157.08											

#### 914 AW HOTLINE

Global Address under: Niagara Falls IAP AW Hotline

### Chief's Column

By Chief Master Sgt. Steve Roberts Tomorrow, 2006, and beyond...

rts 😺

What will tomorrow be like in the Air Force? I remember my first experience. While in my junior year of high school, 1965 a recruiter talked about the many opportunities the Air Force had to offer.

In those days, having no home, no parents, being dirt-poor, and from the wrong side of town, meant the Air Force was a strong draw for me. My immediate concerns at sixteen were eating, sleeping, clothes, and a job. What really appealed to me was how sharp this recruiter looked and the offer of a paying job.

After taking the ASVAB test I was offered a C-130 Crew Chief position. I signed up for the delayed enlistment program while in eleventh grade, graduated in 1966 and the next day I was on a bus to Syracuse to start my Air Force career. Basic training was eight weeks and C-130 tech school was three months back then and everything I was told about the Air Force was true! I was getting three meals a day, clothes, schooling, a great job where I was part of a team, a place to stay and I even got paid. Life was good for this Airmen.

Many years passed and to fast forward, I finished my initial commitment to the Air Force in 1970 and we parted ways. I went to work for Kodak and retired in 1986, but while there a co-worker introduced me to the Air Force Reserve program and I was drawn back to memories of my active duty experience.

Shortly there after I joined the 914th Airlift Wing and the rest is history. All along the way I worked hard, tried to pay attention, and to stay involved. The result was; reaching the much-coveted rank of Chief Master Sergeant. My journey through life has been difficult, painful, turbulent, humbling, but also rewarding and exhilarating.

I didn't have a plan and never expected to get this far. I just knew when you do a job, do it well and you'll get rewarded. I also learned a phrase; "If you help people get what they want out of life, you'll get everything you want". In the Bible, it says, "Cast your bread on the surface of the waters, for you will find it after many days." I believe whatever you give out comes back to you.

What will the Air Force be like in the year 2006 and beyond? For me and other baby boomers we will turn in our saddles, and in less than two years the transition will be complete.

For those left to carry on I want to share a few things I learned along the way.

- #1. Be a servant, ask questions, listen, learn to receive advice, extend a hand to someone, but most importantly give love and respect to others. If I were to equip you with one item it would be a big baseball mitt, to catch anything that comes your way.
- #2. Our world is changing rapidly and to play the game you have to be involved. Show up early, get in the game, and be ready to catch anything thrown your way. You can't play and you can't win if you don't show up.
- #3. Be Ready! The "Air Force of Tomorrow" is rapidly changing, that's what READINESS is, preparing for change. The 914th has the best and the sharpest players. I think tomorrow's Air Force will be GREAT! I'll see you all in the next game.

#### FDA Issues Final Order - AVA Safe and Effective, Protects Individuals at High Risk for Anthrax Disease

On 15 Dec 05, the Food and Drug Administration (FDA) issued a final order reaffirming previous conclusions that the anthrax vaccine prevents anthrax resulting from any route of exposure, including inhalation anthrax.

In light of the Final Order, the Department will review program options. The Military Services will continue anthrax vaccinations as they have since April 2005 on a voluntary basis for eligible servicemembers with the option to refuse.

Scientific experts over the years have consistently found this vaccine to be safe and effective. The FDA, the Centers for Disease Control and Prevention (CDC) and the National Academy of Sciences all agree that anthrax vaccine protects against all forms of anthrax and is as safe as other vaccines.

The department's safety record in administering the vaccine has been excellent and open to public scrutiny.

The threat of anthrax as a weapon remains real. It is very important to provide our servicemembers with maximum protection against this threat, particularly when operating in certain areas of the world.

The vaccination against anthrax is the best round-the-clock protection available to protect our forces at risk.

Dr. William Winkenwerder, Assistant Secretary of Defense for Health Affairs, on FDA Anthrax Vaccine Ruling

More information is available at - <a href="http://www.anthrax.mil/fdaorder">http://www.anthrax.mil/fdaorder</a>

# 328th AS members get hosed for last flight



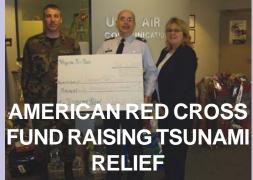


328th Airlift Squadron members Master Sgt. Ted Balbierz, Loadmaster (left) and Chief Master Sgt. Dave Lenk, Flight Engineer got a little wet, a tradition for a flyers last flight. Despite the cold both seemed to enjoy their refreshing shower.

JANUARY 2006 3







# 2005

#### TRAFFIC SAFETY FAIR





# **Another Busy Year!**









**WELCOME HOME** 



**ASTS EXERCISE** 



DAY OF CARING



January 2006

# **Spotlight**



Photo By: Master Sgt. Joseph Cyran

Name: Tech.Sgt. Marilyn Higgins

**Position:** Intel analyst

**Time in service:** Air Force 6 months, Army

7 years.

**Personal goal:** Work for the United Nations as an Anthropologist to reestablish Iraqi museums and artifacts.

**Most challenging experience:** The 18 month DLI Arabic language school at Monterey, CA.

**Most memorable military experience:** Fighting beside the British Army on the front lines in Basra, Iraq.

**Proudest accomplishment:** Being awarded the Bronze Star for running the first democratic election in Iraq.

**Favorite TDY:** Supporting the 1<sup>st</sup> Army Div in their mobilization to Iraq at the Combat Maneuver Training Center at Hoenfels, Germany.

Best part of reserve job: I found the staff at Ops to be extremely helpful and dedicated to making my transition from the Army to the AF so smooth. I find my job interesting and everyone works so well together.

What do you hope to contribute to the AF: I would like to volunteer for as many

operational tours as possible once I complete tech school. In the future I would like to work toward my commission.

**If I could meet anyone:** General Tommy Franks.

# Complaint Numbers IG Complaint Line: (716) 236-3192

Fraud, Waste and Abuse Hotline:(716) 236-3361



#### By Chaplain (LTC) John R. Gaglione

914th Wing Chaplain

The New Year is an opportunity for new beginnings. It's a time for resolutions. It's a time when we look to the future with hope. It's a time to put behind the old and welcome the new.

Unfortunately, we all know it's not that easy. Each of us is a product of the past. Where we are now, has to do with the choices we made in the past. We enter the New Year with a lifetime of experiences.

However, the good news is, that we do have the power and ability to change. First we must admit there is an issue and that we need to ask for help.

The Chaplains are available to assist you in strict confidence. Marriage and relationship issues, family issues, stress and anxiety, depression, grief and loss, anger management, parent and child communication and addictions are just some of the issues we can help with.

I am available full-time on the Base. Please do not hesitate to call and make an appointment. My office number is 716-236-2382 and in case of an emergency, I can be reached on my cell at 716-997-0063.

May your New Year be a blessed and happy one!

#### **Chaplain Services**

Catholic Mass - UTA Saturday 1600, Chapel Sunday 1115, Chapel

Protestant Worship - UTA Sunday 0900, Chapel For service schedules of other religious communities, please call extension 2096. If you need a chaplain, please call ext. 2096, or

Chaplain John R. Gaglione, Lt. Col., (Catholic)
Wing Chaplain
716-236-2382 (Office)
716-997-0063 (Cellular)
Chaplain Derrick Harris, Mai., (Protestant)

716-997-0003 (Centular)

Chaplain Derrick Harris, Maj., (Protestant)
716-236-2381 (Office)
856-982-9528 (Cellular)

# Cookie's Career Corner

By Senior Master Sgt.Robert Cook

914th Wing Career Advisor

Happy New Year to all and welcome to another UTA. We welcome back our deployed members. We still have many people who are either activated or deployed, or both, and they shall be for a while longer.

This doesn't mean that our deployments have been completed. On the contrary, we still have our AEF commitments to fulfill. We don't know how many or to where yet. We do have a pretty good idea when, where, how many and how long they will be deployed for. Now is the time to check with your Unit Deployment Managers if you have any ancillary training that needs to be completed to keep you worldwide qualified to deploy if need be. Don't wait until the last minute to complete your requirements. You can do many things ahead of time to make your transition that much smoother for yourself and your families. You may have a will and a power of attorney done ahead of time. You can review these and make sure that they are correct.

Don't forget to update your personal data on the vMPF web site. There is much more to this web site than just updating your vRED, (Virtual Record of Emergency Data) You can check your awards and decorations, phone numbers, address. You can also check many other areas of your military record. This is a very important website and will be relied upon much more in the future to accomplish many personnel actions.

#### SAMPSON AIR FORCE BASE VETERANS ASSOCIATION

Searching for all Permanent Party, Womens Air Force (WAFS) Basic Trainees and Special Training School Personnel from 1950 thru 1956, of the 3650th Basic Military (Indoctrination) Training Wing.

> Contact Chip Phillips P.O. Box 331 Williamsville, NY 14231 E-mail: chip34@aol.com

## Reserve Foreign Officer Exchange Program

It is now time to select our Air Force Reserve Exchange officers for FY06. Two officers will be selected to train with German organizations and one will be selected to train with the UK. Both exchanges are two weeks. The German exchange will take place during the first two weeks of September 2006. The British exchange may take place anytime during May-September 2006, based on available training schedules.

Eligibility criteria are as follows:

- a. Officer in the grade of Captain through Lieutenant Colonel (FRG)
- b. Officer in the grade of Captain through Major (UK).
- c. Be a drilling Reservist. (No AGRs)
- $\mbox{d. Have a mobilization assignment} \\ \mbox{encompassing some FRG/UK}$

interface or operational interest.

- e. Have three years retainability.
- f. Be proficient in the military specialty.
- g. Project an image of the professional military officer.
- h. Be an informed representative of the Air Force Reserve.
- i. Be capable of being a goodwill ambassador for America.
- j. Meet all weight and military standards without waiver.
- k. Language proficiency is encouraged, but not required (FRG).

Applications for both the United Kingdom and Germany may be from Operations, Security, Intelligence, or AeroMedical Evacuation Career Fields. Doctors cannot be sent for this program. A follow-up message specifying which career field will be sent when specific German/UK officers are identified.

Applications must contain the following documents:

- a. Volunteer statement indicating which exchange program the member would prefer.
- b. Current civilian and military resume (including any additional specialties, jump, scuba, flight, etc., that may enhance the ability for exchange). Please include home phone number, work phone number (military and civilian), home/work fax number, and email (at home and at work) address in the resume. Please include area code with commercial work/home phone numbers.
- c. Current full-length photograph in duty uniform (BDUs, flight suits, etc); include height and weight., polaroid/digital acceptable).
  - d. Copy of last five OPRs.
- e. Unit, Wing, and NAF Commander recommendation for Unit Reservists.

The unit of the unit officer selected for the exchange is responsible for funding this exchange cost. The unit is also responsible for procuring travel for the officer from the home unit to Washington, DC and return.

Applications must be submitted to HQ AFRC/DPMF NLT <u>3 March 2006</u> for consideration. HQ AFRC POC is TSgt Simmons, DSN 497-1686.



To Staff Sergeant

David W. Washington 914 ASTS

## Tricare Reserve Select Increases Premiums

Premiums will increase \$6 for individual coverage and \$20 for family coverage. The rate increase is in accordance with 10 USC 1076d and 32 CFR 199.24. The TRICARE Reserve Select (TRS) monthly premiums for calendar year 2006 shall be \$81 for TRS member-only coverage and \$253 for TRS member and family coverage. This represents an 8.5 percent monthly increase of \$6 per month and \$20 per month respectively over the rates for calendar year 2005.

Questions or concerns in regards to the Tricare Reserve Select Program can be directed to Customer Service located in Bldg 800, Room 110, Base ext. 2197.

## Postal service generates holiday goodwill to military families

Over 500 phone cards were donated recently to the 914 AW courtesy of the U.S. Postal Service and the Central Park Station of Buffalo, which is leading the Operation Phone Card promotion. "At the Postal Service, we know how vital it is to stay connected during the holidays," stated Buffalo Postmaster Dennis Wnuk. "Since November 1, we have been asking postal customers to donate phone cards to our military men and women deployed away from home. The program, "Operation Phone Card" is one way to pay tribute to those who are securing our country's safety. Cards, letters and hearing the voices of loved ones help connect soldiers with their families and friends." Approximately 3000 phone cards have been donated by postal customers across Western New York, Pictured accepting the phone cards on behalf of the 914 AW are MSgt David Leone and TSgt Michael Corbett along with (L to R) Paul Gegenfurtner, Jayne Groszkowski, Annette Robinson, and Karen Fraas, Central Park Station employees. As of the



beginning of the year, more than 1 million phone minutes have been collected throughout Western New York.

January 2006



# Have a Safe and Happy New Year From Everyone at Services!

Services Looks Forward to 2006

By: Robert Betsch, Chief of Services



Happy New Year to everyone! As we head into 2006, we are hoping that Base Services will have a successful and profitable year. Effective last quarter of FY 05, specifically 7 Nov, the Snack Bar operation was consolidated into the Falcon Club. Shortly, we should have an idea of how successful this consolidation was for the Falcon Club. I will be keeping all of you informed as to our progress.

We are also really excited about the new MEPS building being built and the construction of the new dormitory that will be taking place in the not too distant future. These two items alone will greatly contribute to the overall financial condition of Base Services as well as improve the Lodging facility even more. We will be entering into an agreement with MEPS to provide feeding support and lodging for the new recruits. With the construction of

the new dorm, it will mean that there will be more construction workers on the base to support. With more people staying on the base, our Recreation staff will be trying to expand the Outdoor Recreation program even more than before. The bass boats and campers that were purchased last year were a "hit" and we hope to purchase more equipment to support this program. The IT&T program keeps growing and offering new discounts on tickets as well as special outings for the Blue Jays and Bills.

We hope to see all of you patronizing our Services programs and facilities this year. If you have any comments or questions about the Services programs, please do not hesitate to contact me at ext. 2198.

## **Club Updates**

Do you want to be kept current on Club news? If so, please send Jerry Slipko an e-mail requesting information on Club events and other Services information.

jerry.slipko@niagarafalls.af.mil





Last month, Services held a silent auction for this 1992 Ford F-150 pick up. The winning bid was submitted by Gene O'Connor.
Congratulations Gene!

#### Start Your Day The Right Way



Did you know that eating a regular, healthy breakfast does make a difference? It does. Did you also know that you can get breakfast on the base at the Flight Line Cafe? You can.

Studies show that eating breakfast improves your overall health and well-being, as well as your longevity. Unfortunately, too many people are not aware of this and skip or skimp on breakfast and suffer the consequences.

Those who skip breakfast have slower reaction times and are more accident-prone. Eating breakfast has many benefits that you may not know about. It can greatly reduce fatigue and

sleepiness in the mid-morning hours. This is especially beneficial to those who start their work day before 1000 hrs. It can help improve your mood and make you happier. It also improves your concentration and increases alertness. Basically it helps one function more efficiently throughout the day, whatever the job.

Studies have also shown that those who skip breakfast are more likely to struggle with a weight problem. Calories eaten earlier in the day are more effectively utilized than those consumed late in the day. Eating a good breakfast generally improves the overall diet of a person. Those skipping breakfast have been found to be more likely to snack throughout the day. This is important to remember when training to be "Fit to Fight."

So start your day right and start eating breakfast. Stop in to the Flight Line Cafe, located in the Falcon Club, and choose a good start to the morning from their diverse breakfast menu. They serve breakfast from 0600-1030 and can be reached at x2329.

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